

# April 2019 Group Schedule

## Brain Injury Society

### ACTIVITIES LOCATIONS:

**Bowling** - 1035 Westminster Ave. W. (Roll N Stones Fun Centre)

**Heads Up & Adjustment Skills** - #2 - 996 Main Street (SOSBIS Office)

**Creative Art, Taste of the season & Fit 2 Live** - go Abbott Street (Abbott Towers )

**Community Connections** - Friendship Centre

Mon	Tue	Wed	Thu	Fri
<b>1</b> <b>Adjustment Skills</b> 1:30 - 3:00	<b>2</b> <b>Heads Up (Stroke Program)</b> 10:30 - 11:30	<b>3</b> <b>Fit 2 Live</b> 10:30 - 11:30  <b>Creative Art Group</b> 1:30 - 3:00		<b>5</b> <b>Bowling</b> 10:00 - 11:30
<b>8</b> <b>Adjustment Skills</b> 1:30 - 3:00	<b>9</b> <b>Heads Up (Stroke Program)</b> 10:30 - 11:30	<b>10</b> <b>Fit 2 Live</b> 10:30 - 11:30  <b>Creative Art Group</b> 1:30 - 3:00		<b>12</b> <b>Bowling</b> 10:00 - 11:30
<b>15</b> <b>Adjustment Skills</b> 1:30 - 3:00	<b>16</b> <b>Heads Up (Stroke Program)</b> 10:30 - 11:30	<b>17</b> <b>Fit 2 Live</b> 10:30 - 11:30  <b>Creative Art Group</b> 1:30 - 3:00		<b>19</b> <b>Staff Holiday</b> <b>The office is closed today</b> 
<b>22</b> <b>Staff Holiday</b> 	<b>23</b> <b>Heads Up (Stroke Program)</b> 10:30 - 11:30  <b>Taste of the Season</b> 1:30 - 3:00	<b>24</b> <b>Fit 2 Live</b> 10:30 - 11:30  <b>Creative Art Group</b> 1:30 - 3:00		<b>26</b> <b>Bowling</b> 10:00 - 11:30
<b>29</b> <b>Adjustment Skills</b> 1:30 - 3:00	<b>30</b> <b>Heads Up (Stroke Program)</b> 10:30 - 11:30  <b>Community Connections</b> (Friendship Centre) 1:30			