

May 2019 Group Schedule

Brain Injury Society

ACTIVITIES LOCATIONS:

Bowling - 1035 Westminster Ave. W. (Roll N Stones Fun Centre)

Heads Up & Adjustment Skills - #2 - 996 Main Street (SOSBIS Office)

Creative Art, Taste of the season & Pole Walking - go Abbott Street (Abbott Towers)

| Mon | Tue | Wed | Thu | Fri |
|---|---|---|-----------|---|
| | | 1 Pole Walking 10:30 - 11:30 Creative Art Group 1:30 - 3:00 | 2 | 3 Bowling 10:00 - 11:30 |
| 6 Adjustment Skills 1:30 - 3:00 | 7 Heads Up (Stroke Program) 10:30 - 11:30 | 8 Pole Walking 10:30 - 11:30 Creative Art Group 1:30 - 3:00 | 9 | 10 Bowling 10:00 - 11:30 |
| 13 Adjustment Skills 1:30 - 3:00 | 14 Heads Up (Stroke Program) 10:30 - 11:30 | 15 Pole Walking 10:30 - 11:30 Creative Art Group 1:30 - 3:00 | 16 | 17 Bowling 10:00 - 11:30 |
|  20 Staff Holiday The office is closed today | 21 Heads Up (Stroke Program) 10:30 - 11:30 | 22 Pole Walking 10:30 - 11:30 Creative Art Group 1:30 - 3:00 | 23 | 24 Bowling 10:00 - 11:30 |
| 27 Adjustment Skills 1:30 - 3:00 | 28 Heads Up (Stroke Program) 10:30 - 11:30 Taste of the Season 1:30 - 3:00 | 29 Pole Walking 10:30 - 11:30 Creative Art Group 1:30 - 3:00 | 30 | 31 Bowling 10:00 - 11:30 |