

March 2020 Group Schedule

Brain Injury Society


ACTIVITIES LOCATIONS:

Bowling - 1035 Westminster Ave. W. (Roll N Stones Fun Centre)

Head's Up, Moving Forward, RentSmart, Speaker Session & Caregiver Support - #2 - 996 Main Street (SOSBIS Office)

Creative Art - 90 Abbott Street (Abbott Towers)

Coffee Social & Writing Out Loud - 320 Brunswick Street (Common Ground)

Mon	Tue	Wed	Thu	Fri
2	3 Head's Up - Stroke Group 10:00 - 11:30	4 Coffee Social 10:00 - 11:30 Creative Art Group 1:30 - 3:30	5 Moving Forward - ABI Support Group 1:30 - 3:00	6 Writing Out Loud 1:30 - 3:00 Bowling 10:00 - 11:30
9 RentSmart 10:00 - 2:30	10 Head's Up - Stroke Group 10:00 - 11:30	11 Coffee Social 10:00 - 11:30 RentSmart 10:00 - 2:30 Creative Art Group 1:30 - 3:30	12 Moving Forward - ABI Support Group 1:30 - 3:00	13 RentSmart 10:00 - 2:30 Bowling 10:00 - 11:30
16	17 Head's Up - Stroke Group 10:00 - 11:30	18 Coffee Social 10:00 - 11:30 Creative Art Group 1:30 - 3:30	19 Moving Forward - ABI Support Group 1:30 - 3:00 Speaker Session - Being Physically Active 2:00 - 3:00	20 Writing Out Loud 1:30 - 3:00 Bowling 10:00 - 11:30
23	24 Head's Up - Stroke Group 10:00 - 11:30	25 Coffee Social 10:00 - 11:30 Creative Art Group 1:30 - 3:30	26 Moving Forward - ABI Support Group 1:30 - 3:00	27 Writing Out Loud 1:30 - 3:00 Bowling 10:00 - 11:30
30 Caregiver's Support 1:30 - 3:00	31 Head's Up - Stroke Group 10:00 - 11:30	 Brain Injury Society Education • Support • Housing		

**Brain Injury Society
office hours**
Monday to Friday
9:30 a.m. - 3:30 p.m.
Closed during the noon hour,
weekends and statutory holidays